

Upswell Conversation Starters

These questions are sourced from various websites, books, and blogs, with a few original questions, too! Feel free to share them and add to them!

- If you had a time machine, would go back in time or into the future?
- What would you attempt to do if there were no risks attached?
- If you could change places with anyone in the world, who would it be and why?
- If you could see one movie again for the first time, what would it be and why?
- Say you're independently wealthy and don't have to work, what would you do with your time?
- If you could instantly become an expert in something, what would it be?
- If you could have a dinner with any living person who would it be?
- If you could visit any fictional world, which would it be – any why?
- What's the most out-of-character thing you've ever done?
- What personal passion project are you working on right now?
- Are you living your life purpose — or still searching?
- Have you ever met one of your heroes?
- Have you ever unplugged from the Internet for more than a week? If so, how did it feel? If not, why not?
- If you could sit down with your 15-year old self, what would you tell him or her?
- What are you an expert on? Is it because of training, lived experience, or both?
- What's the one thing that would help you do your job better?
- What's one thing you're deeply proud of — but would never put on your résumé?
- What's a skill that you wish you could use more often?
- If you could hire any one person to join your team, who would it be – and why?
- When was the last time you got stuck in a rut? How did you get out of it?
- What's the best part of your job? What's the worst?
- If you could change any one thing about the social sector, what would it be?
- What is something that is popular now that annoys you?
- What three words best describe you?
- Who had the biggest impact on the person you have become?
- What's one thing that every single person in the social sector should know about?
- If you could learn the answer to one question about your future, what would the question be?
- If you could bring back one dead musician, who would it be?
- What problems will technology solve in the next 5 years? What problems will it create?
- Does technology simplify life or make it more complicated?
- What are some goals you have already achieved?
- What is the best way to stay motivated and complete goals?
- Time freezes for everyone but you for one day. What do you do?
- What is holding you back from being the person you want to be?
- What's something terrifying that we've all come to accept as a fact of life? And how can we change it?
- What would a perfect city be like?
- Who do you know who is living life to the fullest?
- What does it mean to live a good life?
- What should be the goal of humanity?
- Is humanity headed in the right or wrong direction?
- What in life is truly objective and not subjective?
- How would you define genius?
- If humanity was put on trial by an advanced race of aliens, how would you defend humanity and argue for its continued existence?
- What causes the most harm in the world, but is completely avoidable?
- Has social media been a net positive or a net negative for our society? Why?
- What would be the most ethical way to give away twenty million dollars?