# YOUR GUIDE TO UPSWELL

# UPSWELL

Powered by INDEPENDENT SECTOR

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Everything you need to know about Upswell LA is at your fingertips (and only some of it is in this printed schedule overview)! On the Upswell App, you can:

- Find full schedule information
- Read event descriptions
- Explore the speaker list and bios
- Customize your schedule
- Message and schedule meetings with other changemakers
- Locate events, sessions, and exhibitors
- Receive important updates and announcements
- Access Upswell presentations and materials before, during, and after the event

## How to Download

- Mobile: Search "Upswell 2018" in either Apple App or Google Play stores
- Desktop: Visit upswell.org/app

## **Logging In**

- Your username and password were sent to the email address you used to register for Upswell
- If you didn't receive that email, click "Retrieve Login Credentials" and the email will be re-sent
- Having trouble? Stop by the information table next to the registration booth and we'll help you out!

## **View the Program**

- Click on the Agenda tab
- Use the navigation bar to print, email, or search your agenda

## **Customize Your Schedule**

- Click on the Agenda tab
- Add to your schedule by clicking on the calendar icon on the bottom left

#### Follow the Conversation

- Click on the Social Feed tab
- Post a comment, picture, video, or presentation

## **Connect with Participants**

- Click on the Profiles tab to find other participants
- Click on the Messages tab to send in-app messages
- Click on Groups to join or create a group of participants

## Have Questions? We're here to help.

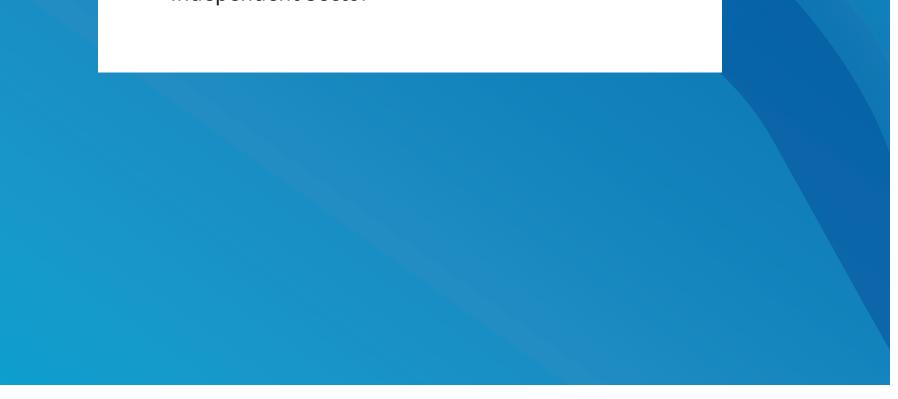
- · Visit the information table next to the registration booth
- Send an email to info@upswell.org
- Message an Independent Sector staff member on the Upswell App

## WELCOME TO UPSWELL.

I believe you're going to experience something truly new and different over the next three days. We have more than 200 separate program offerings for you, ranging from 10-minute Spark Talks to half-day Immersion Tours. We've printed this guide to give you a bird's eye view and to help make sure you don't miss that one session your heart is set on. Beyond that, however, I hope you'll give yourself permission to explore and discover, to be surprised by ideas and connections that you never anticipated. Much like life itself, Upswell should be about the journey and not just the destination. This guide is your roadmap, but I don't believe there's any such thing as a wrong turn.

Dandall.

Dan Cardinali President and CEO Independent Sector



# WEDNESDAY NOVEMBER 14

	OUTSIDE OF THE				IN THE PUBLIC SQUARE							
Time			SQUARE		Main Stage	Spotlight Stage	Spark Talks	Focus Groups	Changemaker Challenge	Science & Tech Demos	Reflection Lounge	Immersive Arcade
<b>7 A</b> 7:30			stration pens	<b>7:15-8:00a</b> Continental Breakfast								
<ul> <li>8 A</li> <li>8:30</li> <li>9 A</li> <li>9:30</li> <li>10 A</li> <li>10:30</li> <li>11 A</li> <li>11:30</li> </ul>	8:00a-1:30p LA Inside & Out Tours Please gather in the Public Square before 8:00am as buses will depart promptly at 8:00am	<b>11:00a-12:00p</b> Independent Sector Annual Meeting of Members	8:00a-12:00p Evidence- Based Education Pathways* Hancock Park West	<b>8:30a-12:00p</b> 2018 American Express NGen Fellows Presentations* <i>Hancock Park</i> <i>East</i>								
<b>12 P</b> 12:30 <b>1 P</b> 1:30		Ladera Heights	<b>12:00-1:30p</b> Evidence- Based Pathways Funder Lunch* <i>Echo Park</i>	<b>12:00-1:00p</b> American Express Next Generation Changemakers Luncheon* <i>K-Town</i>		1:30-1:50p	1:30-1:55p			1:30-1:55p	1:00-1:45p Connection Practices	<b>12:30-1:00p</b> Arcade Open
<b>2 P</b> 2:30		<b>2:30-3:20p</b> Workshops			<b>2:00-2:20p</b> Upswell Kickoff Dan Cardinali and Mayor Eric Garcetti	Spotlight/ Solutions	Spark Talks 2:40-3:25p Spark	<b>2:30-3:00p</b> Focus		Science & Tech Demos 2:30-3:00p Science &	<b>2:30-3:15p</b> Leadership	<b>2:30-3:00p</b> Arcade
3 P 3:30 4 P					<b>3:45-4:15p</b> Erik Wahl	<b>3:00-3:30p</b> Spotlight/ Solution	Talks	Groups	<b>3:00-3:30p</b> Changemaker Challenge	Tech Demos	Embodiment Fundamentals	Open
4:30 5 P			<b>4:30-5:00p</b> Meet & Greet Erik Wahl* Wilshire III Garden		5:00-5:20p	<b>4:35-4:55p</b> Spotlight/ Solutions		<b>4:30-4:55p</b> Focus Groups	<b>4:30-4:55p</b> Changemaker Challenge	<b>4:30-4:55p</b> Science and Tech Demos		<b>4:30-5:00p</b> Arcade Open
5:30 6 P		5:30-8:30p The LA Homelessness Challenge Hollywood Ballroom			Robert Egger	<b>5:30-6:00p</b> Spotlight/ Performance					<b>5:30-6:00p</b> Loving Kindness	
6:30 <b>7 P</b> 7:30 <b>8 P</b>	6:15-9:30p Community Dinners Please gather in the Public Square before 6:15 as buses											
8:30 9 P 9:30	will depart promptly at 6:30										AT THE UPS BOOKSTO Book Signing 4:30-4:55p Bob Friedman	RE

\* Invitation Only

## MAIN STAGE

Eureka moments can't wait—and neither can the Main Stage speakers! Be sure to arrive in the Public Square a few minutes early so you don't miss a second of inspiration.

## 2:00-2:20pm Upswell Kickoff

**Dan Cardinali** Independent Sector

**Eric Garcetti** Mayor of Los Angeles

3:45-4:15pm **Erik Wahl** Artist, Author, and Philanthropist

## 5:00-5:20pm Robert Egger Nonprofit Liberator

## LA INSIDE & OUT TOURS

8:00am-1:30pm Please gather in the Public Square before 8:00am as buses will depart promptly at 8:00am.

Arts District / Industrial Corridor

Downtown LA

El Monte

Historic Filipinotown

Leimert Park

Little Tokyo

Magnolia Community Initiative

Pasadena

Southeast LA

**Skid Row** (Sponsored by Target) SPOTLIGHT STAGE

1:30-1:50pm SPOTLIGHT/SOLUTIONS **Give.org Donor Trust Report** Presented by BBB Wise Giving Alliance

3:00-3:30pm SPOTLIGHT/SOLUTIONS Using Art to Build Bridges, Not Walls Presented by Tanya Aguiñiga

4:35-4:55pm SPOTLIGHT/SOLUTIONS Investing in Your Future Leaders Presented by The Bridgespan Group

5:30-6:00pm SPOTLIGHT/PERFORMANCE Fernando Pullum Center Ensemble Performance WORKSHOPS

2:30-3:20pm

Avoiding Potholes on the Road to Charitable Fundraising Compliance Presented by Perlman & Perlman Location: Hancock Park East

Building a Narrative for the Sector and Your Mission Sponsored by Chan Zuckerberg Initiative Location: Ladera Heights

Realizing the California Dream Presented by Northern California Grantmakers Location: Echo Park

Strategies for Retaining Next Generation Leaders of Color Sponsored by American Express Location: K-Town

The Secret Sauce of Scaling Through Partnerships Presented by BoardSource Location: Westwood

Training the Next-Generation of Leaders Presented by Transformative Action Institute Location: Boyle Heights

Upswell / Action Sponsored by JPMorgan Chase and Co. Location: Majestic

## SPARK TALKS

1:30-1:40pm How Can Leaders Move Organizations from Charity to Justice? Presented by ProInspire

1:45-1:55pm Sparking Prosperity for Everyone Presented by Prosperity Now

2:40-2:50pm Changing the Narrative Around Our Food System Presented by A Growing Culture

3:00-3:10pm Housing: A Public Good for All Presented by Community Development Commission of the County of Los Angeles

3:15-3:25pm Why Neighborhood High Schools Still Matter Presented by Generation All

### CHANGEMAKER CHALLENGE

3:00-3:30pm US Criminal Justice System-Rate of Incarceration Presented by Jeff Nugent & Associates

4:30-4:55pm Fundraisers, CEOs, and the Board Presented by AFP

## **SCIENCE & TECH DEMOS**

DEMONSTRATIONS BY ACCENTURE

1:30-1:55pm Helping the Blind See and Emotional Analytics with Artificial Intelligence

4:30-4:55pm Restoring Agency in Elderly Care with Artificial Intelligence

#### DEMONSTRATIONS BY YMCA OF GREATER LONG BEACH YOUTH INSTITUTE

Youth Development through Digital Media Arts and Technology: Film, Music, Photography, Graphics, 3D

## COMMUNITY DINNERS

6:30-9:30pm

Please gather in the Public Square before 6:15 as buses will depart promptly at 6:30.

Casa 0101

**Equitas Academy** 

Heritage Square Museum

Homegirl Café

Kettle Black

Mercado La Paloma

The Park's Finest

Upswell Fellows Bush

2:30-3:00pm Social Enterprise:

**FOCUS GROUPS** 

The Business of Changing the World Presented by Child360

3:00-3:30pm National Scope with a Local Approach: Toward a Balance of Power that Strengthens Communities Presented by Healthier Generation

#### 4:30-4:55pm

Race, Equity and Learning: How to Create Culturally Responsive Practices Presented by Higher Achievement

4:30-4:55pm

From Fundraisers to Power Players: Raising More than Money Presented by National Committee for Responsive Philanthropy

#### Printing and Product Design

2:30-3:00pm 4:30-4:55pm

DEMONSTRATION BY BIO-PLASTIC RECYCLING INC

From Bioplastic Cups to New Remanufactured Products

2:30-3:00pm

Foundation Dinner at Skid Row History Museum & Archive

#### BOOKSTORE

Visit the Upswell Bookstore to explore big ideas from changemaking authors!

**Book Signing** 

4:30-4:55pm **Bob Friedman** 

# THURSDAY NOVEMBER 15

	OUTSIDE OF THE PUBLIC SQUARE		IN THE PUBLIC SQUARE								
Time			Main Stage	Spotlight Stage	Spark Talks	Focus Groups	Changemaker Challenge	Science & Tech Demos	Reflection Lounge	Immersive Arcade	
6:30		6:30-7:00a									
7 A	<b>7:00-8:15a</b> Listen for Good (L4G) Breakfast Briefing* Hollywood Ballroom II	Dance Class <b>6:30-7:30a</b> Yoga Fitness Center									
7:30	- ποιιγώσου Βαιπσοπη π										
8 A				Co	8:00-8:30a Intinental Break	(fast		8:00-8:25a Science & Tech Demos	8:00-8:30a Loving Kindness	<b>8:00-8:30a</b> Arcade Open	
8:30			<b>8:30-8:50a</b> Ann Mei Chang								
9 A			Ann Mei Chang	<b>9:05-9:25a</b> Spotlight/	<b>9:00-9:10a</b> Spark Talks	<b>9:00-9:30a</b> Focus Groups				<b>9:00a-2:00p</b> Arcade Open	
9:30	9:30-11:00a			Solutions	9:30-9:40a			9:30-11:00a			
10 A	Workshops				Spark Talks 10:00-10:10a			Science & Tech Demos			
					Spark Talks						
10:30						<b>10:30-11:30a</b> Focus Groups			<b>10:30-11:00a</b> Leadership Embodiment Fundamentals		
11 A				<b>11:05-11:25a</b> Spotlight/ Solutions	<b>11:00-11:25a</b> Spark Talks						
	11:30a-1:00p							11:30a-12:30p			
12 P	Workshops							Science & Tech Demos	<b>12:00-12:30p</b> Practical Mindfulness		
			<b>12:30-1:30p</b> Lunch in the Public Square	<b>12:50-1:50p</b> Spotlight/ Solutions	<b>12:45-12:55p</b> Spark Talks		<b>12:30-1:00p</b> Changemaker Challenge	<b>12:30-1:00p</b> Science & Tech Demos	<b>12:30-1:20p</b> ECLIPSE		
1 P					<b>1:00-1:10p</b> Spark Talks	<b>1:00-2:00p</b> Focus Groups					
1:30					<b>1:30-1:40p</b> Spark Talks		<b>1:30-2:00p</b> Changemaker Challenge		1:30-2:00p Silent Meditation		
2 P			<b>2:00-2:20p</b> David Brooks				enanenge				
2:30				<b>2:35-2:55p</b> Spotlight/ Solutions	<b>2:30-3:15p</b> Spark Talks	<b>2:30-3:00p</b> Focus Groups		<b>2:30-3:00p</b> Science & Tech Demos	<b>2:30-3:15p</b> Leadership Embodiment Fundamentals	<b>2:30-3:30p</b> Arcade Open	
3 P				<b>3:00-3:30p</b> Spotlight/ Discussion							
3:30			<b>3:30-3:50p</b> Tarana Burke								
4 P	<b>4:00-5:30p</b> Workshops					<b>4:00-4:30p</b> Focus Groups			4:00-5:00p Self-Compassion	<b>4:00-5:30p</b> Arcade Open	
4:30		<b>4:30-5:00p</b> Meet & Greet Tarana Burke <sup>*</sup> <i>Hollywood Ballroom</i>				rocus croups			Practice		
5 P											
5:30	<b>5:30-6:30p</b> Celebrating Community Together Reception*			<b>5:30-6:00p</b> Spotlight/ Performance							

	Together Reception <sup>*</sup> Hospitality Suite, 31st Floor								
6 P		6:00-7:00p Leaderosity							
6:30	<b>6:30-7:30p</b> A Moment of Gratitude Reception* <i>Wilshire Garden Terrace</i>	and Nonprofit Leadership Alliance Reception* <i>Hollywood Terrace</i>							
7 P									
7:30			7:30-9:30p						
8 P			Upswell Leadership						
8:30			Awards Dinner						
9 P									
9:30	9:30-11:00p				AT THE UPS	SWELL BOOKS	TORE		
	Upswell Leadership				Book Signing	S			
	Awards After Party sponsored				9:00-9:30a	12:00-12:30p		•	-
	by Accenture and				11:30a-12:00p	Meet Eso Wo	n Robert	Reich Leslie	e Crutchfield
	American Express Rooftop / 73rd Floor				Ann Mei Chang	g Books			

\* Invitation Only

## MAIN STAGE

Eureka moments can't wait—and neither can the Main Stage speakers! Be sure to arrive in the Public Square a few minutes early so you don't miss a second of inspiration.

## 8:30-8:50am

Ann Mei Chang Lean Impact

## 2:00-2:20pm David Brooks New York Times

3:30-3:50pm Tarana Burke The 'me too.'

Movement

7:30-9:30pm Upswell Leadership Awards Dinner

## SPOTLIGHT STAGE

9:05-9:25am SPOTLIGHT/SOLUTIONS Changing the Approach to Health Benefits, One Nonprofit at a Time

One Nonprofit at a Time Presented by Nonstop Administration and Insurance Services Inc 11:05-11:25am

How Data Leads to Insights to Better Serve Communities Presented by Foundation Center

#### 12:50-1:00pm SPOTLIGHT/SOLUTIONS

A Permanent Loving Home for Every Foster Child Presented by Connect Our Kids

1:05-1:25pm SPOTLIGHT/SOLUTIONS Assessing your Private Foundation's Minimum Distribution Requirement (MDR) Environment Presented by Moss Adams

#### 1:30-1:50pm SPOTLIGHT/SOLUTIONS Have Your Best Board Meetings.

**Ever.** Presented by BoardEffect / Diligent Corporation

#### 2:35-2:55pm SPOTLIGHT/SOLUTIONS

Designing for Diversity: How User Personas Can Transform Your Digital Platforms and Services Presented by Message Agency

3:00-3:30pm SPOTLIGHT/DISCUSSION Power to the People Presented by StriveTogether

5:30-6:00pm SPOTLIGHT/PERFORMANCE Romero Y Perez

### SPARK TALKS

9:00-9:10am Envisioning a Healthy Main Street: What Can We Learn from Across the Pond? Presented by Royal Society For Public Health

9:30-9:40am A Part of the Problem: Unleashing Talent by Dismantling Barriers to Social Change Presented by Echoing Green

10:00-10:10am From Social Media to Social Good: Turning Fans into Donors Presented by Charity Network

11:15-11:25am The Presidents' Forum for Racial Equity in Philanthropy Racial Equity: Leading from the Inside Out Presented by KHA, Inc.

12:45-12:55pm Building Better Movements Presented by FSG

## WORKSHOPS

9:30-11:00am (\*9:30-10:30am)

Applying Business Skills to Nonprofit Challenges\* Presented by Chicago Booth Civic Scholars Program Location: K-Town

Board Governance in a Digital Age\* Presented by BoardEffect Location: Hancock Park East

Building Your Skills for a Race Equity Culture Presented by Equity in the Center/ProInspire & Building Movement Project Location: Silver Lake B

Designing With, Not For, Your Community Presented by Cleveland Foundation and Knight Foundation Location: Silver Lake A

Diagnosing Organizational Health: A Guide to Assessment Tools Presented by William and Flora Hewlett Foundation

Location: Boyle Heights
Extended Reality for
Social Good

Sponsored by Accenture Location: Ladera Heights

How to Use the Lean Methodology for Social Change Presented by Lean Impact Location: Hancock Park West

Leading with Compassion Presented by Leading Through Connection Sponsored by Fetzer Institute Location: Echo Park

Upswell / Action Sponsored by JPMorgan Chase and Co. Location: Majestic

Your 2019 Policy Game Plan Location: Westwood

## FOCUS GROUPS

9:00-9:30am Aging-in-Place in Supportive Housing Presented by CSH Speak Up!

10:30-11:00am Measuring Poverty Better: Introducing the Real Cost Measure to Assess What it Really Costs to Live Presented by United Ways of California

11:00-11:30am Housing IS Healthcare Presented by CSH Speak Up!

11:00-11:30am We're All Journalists Now: Meaningful Storytelling with Minimal Means Presented by Whole Whale

1:00-1:30pm Improving Access while Decreasing Disparities in Philanthropic Funding Presented by Echoing Green

1:30-2:00pm

## WORKSHOPS

11:30am-1:00pm (\*11:30am-12:30pm)

A Decade Review of Philanthropy and Equity in California Presented by Building Movement Project Location: Silver Lake A

Attract and Retain an Inclusive, Impactful Nonprofit Workforce\* Presented by Nonprofit HR Location: Ladera Heights

**Civic Saturday at Upswell** Presented by Citizen University Sponsored by Fetzer Institute Location: Hancock Park East

Equitable Engagement & Transforming Philanthropy Presented by Strategy Arts Location: K-Town

Five Steps to Greater Social Impact\* Presented by Moves the Needle Location: Silver Lake B

How Healthy is the Nonprofit Sector? Location: Boyle Heights

Staying Nonpartisan in a Politically Charged Environment Location: Westwood

The Problem with Large-Scale Philanthropy Presented by Stanford Law School Location: Hancock Park West

Upswell / Action Sponsored by JPMorgan Chase and Co. Location: Majestic

What to do When Machines do Everything Presented by Cognizant Location: Echo Park

### CHANGEMAKER CHALLENGE

12:30-1:00pm Fundraisers, CEOs, and the Board Presented by AFP

1:30-1:55pm US Public High School Graduation Rate Presented by Jeff Nugent & Associates

## BOOKSTORE

Visit the Upswell Bookstore to explore big ideas from changemaking authors!

## WORKSHOPS

4:00-5:30pm (\*4:00-5:00pm)

Building Values-Driven Boards Presented by Echoing Green Location: Echo Park

Demystifying Nonprofit and Foundation Collaboration\* Presented by Foundation Center Location: Ladera Heights

How Changemaking Mayors are Building Trust and Community Presented by Cities of Service Location: Silver Lake A

Incubating Grassroots Social Entrepreneurship Presented by Caravanserai Location: Hancock Park West

Moving Beyond Intention to Action on DEI and Talent Presented by The Bridgespan Group Location: Silver Lake B

Starting a Marketing Revolution at Your Nonprofit\* Presented by Prosper Strategies Location: K-Town

**Technology for Humans\*** Presented by Hustle Location: Hancock Park East

The Faith Factor in Social Purpose Presented by Sojourners Sponsored by Fetzer Institute Location: Boyle Heights

The Policy Battle Between Idealism and Pragmatism Location: Westwood

Upswell / Action Sponsored by JPMorgan Chase and Co. Location: Majestic

## **SCIENCE & TECH DEMOS**

DEMONSTRATIONS BY

9:30 AM - 11:00 AM Innovate for Good Challengers Apply New I.T.

11:30 AM - 12:00 PM Critical Thinking with Virtual Reality

12:30 PM - 1:00 PM Youth Employment Solutions with Virtual Reality

2:30 PM - 3:00 PM Global Agriculture Data Collaboration

#### DEMONSTRATIONS BY YMCA OF GREATER LONG BEACH YOUTH INSTITUTE

Youth Development through Digital Media Arts and Technology: Film, Music, Photography, Graphics, 3D Printing and Product Design

1:00-1:10pm **The Value of Story** Presented by CSH Speak Up!

1:30-1:40pm Civic Engagement & Power Building in a Divided Moment Presented by PICO California

#### 2:30-2:40pm Funders, What Does Power Have to Do with Equity? Presented by National Committee for Responsive Philanthropy

2:45-2:55pm The Currency of Love: An Innovative Approach to Breaking the Cycle of Intergenerational Poverty Presented by LIFT-Los Angeles

#### 3:05-3:15pm Beyond Representation: Creating a Space in Government Where Women of Color Have a Sense of Belonging Presented by City Manager's Office of Grand Rapids

Beyond Transforming Systems to Transferring Power Presented by StriveTogether

2:30- 3:00pm Are You Advocating for Your Mission? Presented by BoardSource

4:00-4:30pm The Disappearing Donor and You

Presented by Campion Advocacy Fund / Stanford Center on Philanthropy and Civil Society Book Signings

9:00-9:30am 11:30am-12:00pm **Ann Mei Chang** 

12:00-12:30pm Meet Eso Won Books

1:00-1:30pm Robert Reich

2:30-3:00pm Leslie Crutchfield 8:00-8:30am 11:30am-12:00pm 12:30-1:00pm

# FRIDAY NOVEMBER 16

	OUTSIDE OF THE PUBLIC SQUARE		IN THE PUBLIC SQUARE									
Time			Main Stage	Spotlight Stage	Spark Talks	Focus Groups	Changemaker Challenge	Science & Tech Demos	Reflection Lounge	Immersive Arcade		
6:30	<b>6:30-7:00a</b> Dance Class <i>Fitness Center</i>	<b>6:30-7:30a</b> Yoga Fitness Center										
<b>7 A</b> 7:30		<b>7:30-8:15a</b> Upswell Fellows										
8 A		Reflection Session* Hancock Park West		(	<b>7:30-8:30a</b> Continental Breakf	fast		<b>8:00-8:30a</b> Science & Tech Demos	<b>8:00-8:30a</b> Loving Kindness	<b>8:00-8:30a</b> Arcade Open		
8:30			8:30-8:50a Kevin Washington and the YMCA of Greater Long Beach Youth Institute									
9 A				<b>9:05-9:25a</b> Spotlight/ Solutions	<b>9:00-9:40a</b> Spark Talks	<b>9:00-9:30a</b> Focus Groups				<b>9:00a-1:00p</b> Arcade Open		
9:30	<b>9:30-11:00a</b> Workshops	9:30-10:00a Upswell Fellows Meet & Greet Kevin Washington* <i>Hollywood Ballroom</i>						<b>9:30-10:00a</b> Science & Tech Demos				
10 A					<b>10:00-10:25a</b> Spark Talks	<b>10:00-10:30a</b> Focus Groups	<b>10:00-10:30a</b> Changemaker Challenge		<b>10:00-10:30am</b> Silent Meditation			
10:30								<b>10:30-11:00a</b> Science & Tech Demos				
11 A				<b>11:05-11:25a</b> Spotlight/ Solutions	<b>11:00-11:10a</b> Spark Talks	<b>11:00-11:30a</b> Focus Groups						
11:30	<b>11:30a-1:00p</b> Workshops							<b>11:30a-1:00p</b> Science & Tech Demos	<b>11:30a-12:00p</b> Practical Mindfulness			
12 P				<b>12:15-12:25p</b> Spotlight/ Solutions		<b>12:00-12:30p</b> Focus Groups			<b>12:00-12:30p</b> ECLIPSE			
12:30			<b>12:30p</b> Lunch in the Public Square						<b>12:30-1:00p</b> Loving Kindness			
1 P			<b>1:00-1:15p</b> Get Lit <b>1:15-1:35p</b> Dan Cardinali and									
1:30			Sarah Kastelic 1:35-3:00p Upswell Surge ft.						AT THE BOOKS	UPSWELL		
<b>2 P</b> 2:30			Ozomatli						Book Sig 12:30-1:00 Cary McC	)p		
3 P									Cary MCC	เล่าน		

\* Invitation Only

# UPSWELL CHICAGO NOVEMBER 13-15, 2019

## THE WAVE GROWS STRONGER. MARK YOUR CALENDARS.

# UPSWELL.ORG



## MAIN STAGE

Eureka moments can't wait—and neither can the Main Stage speakers! Be sure to arrive in the Public Square a few minutes early so you don't miss a second of inspiration.

## 8:30-8:50am Kevin Washington YMCA of the USA

## Elayne Carbajal,

Jose Cuevas,

## Honesti Lawrence,

**Darren Mam** YMCA of Greater Long Beach Youth Institute

## 1:00-1:15pm

Spoken Word Performance Get Lit

## 1:15-1:35pm

**Dan Cardinali** Independent Sector

Sarah Kastelic National Indian Child Welfare Association

## SPOTLIGHT STAGE

9:05-9:25am SPOTLIGHT/SOLUTIONS Presentation by Pineapple.org

11:05-11:25am SPOTLIGHT/SOLUTIONS

The 6 Practices of Successful Movements Presented by Global Social Enterprise Initiative

12:15-12:25 SPOTLIGHT/SOLUTIONS A Permanent Loving Home for Every Foster Child Presented by Connect Our Kids

## WORKSHOPS

9:30-11:00am (\*9:30-10:30am)

Advocacy Without Fear Presented by The Bridgespan Group Location: Westwood

How Change Happens\* Presented by Georgetown Global Social Enterprise Initiative Location: Ladera Heights

Online Fundraising in a Rapid Response World\* Presented by Act Blue Location: K-Town

Settling Differences, Making Change Sponsored by Fetzer Institute Presented by Convergence Location: Echo Park

Tracking Racial Inequity in California Presented by Advancement Project California Sponsored by The Eli and Edythe Broad Foundation Location: Boyle Heights

Transformative Solidarity in California - The Next Frontier of the Equity Movement Sponsored by The California Endowment Location: Silverlake

Upswell / Action Sponsored by JPMorgan Chase and Co. Location: Majestic

Weaving Equity and Inclusion into Community-Based Work Presented by United Way Worldwide Location: Hancock Park West

## WORKSHOPS

11:30am-1:00pm

Aligning Organizational Ethics with 21st Century Challenges Location: Ladera Heights

Beyond Being an Ally Presented by AchieveMission Location: Boyle Heights

Fostering a Healthy Democracy Sponsored by Fetzer Institute Location: Echo Park

Sustaining Collective Action Through Setbacks Location: Westwood

Taking Big Bets for Transformational Change Presented by Treehouse Location: Hancock Park West

The New Normal for Evidence Building Presented by Project Evident Location: K-Town

Upswell / Action Sponsored by JPMorgan Chase and Co. Location: Majestic

### SPARK TALKS

9:00-9:10am Becoming Big Bettable Presented by The Bridgespan Group

9:15-9:25am Telling the Stories of Many: How Oral History Helps Us Map Problems and Discover Solutions Presented by Cary McClelland

9:30-9:40am **Mindful Leadership** Presented by Elevate Corporate Wellness

10:00-10:10am Do-ocracy: A Way of Deploying Effective Resources While Relying on Limited Budgets Presented by Circles

10:15-10:25am Improving Philanthropy through Crowdsourced Feedback for the Unfunded Presented by Unfunded List

11:00-11:10am When You Know It Is Time to Stop! Presented by Taproot Foundation

### CHANGEMAKER CHALLENGE

10:30-11:00am US Income Inequality & Economic Mobility Presented by Jeff Nugent & Associates

## SCIENCE & TECH DEMOS

DEMONSTRATIONS BY

8:00 AM - 8:30 AM Matching Resources to Those Who Need Them Most

9:30 AM - 10:00 AM Innovate for Good Challengers Apply New I.T.

10:30 AM - 11:00 AM Enabling the Donor Experience through Blockchain

12:00 PM - 12:30 PM Youth Employment Solutions with New I.T.

DEMONSTRATIONS BY YMCA OF GREATER LONG BEACH YOUTH INSTITUTE

## BOOKSTORE

Visit the Upswell Bookstore to explore big ideas from changemaking authors!

**Book Signing** 

12:30-1:00pm Cary McClelland

1:35-3:00pm Upswell Surge ft. Ozomatli **Preaching to the Choir** Presented by United Way Worldwide

**FOCUS GROUPS** 

**Results in the Center:** 

Voting & Life Expectancy

**Getting Real About Authentic** 

**Community Engagement** 

Presented by Robert Wood Johnson

Presented by Independent Sector

9:00-9:30am

9:00-9:30am

Foundation

10:00-10:30am

Living Past 30

11:00-11:30am

12:00-12:30pm

Exchange

Stories of Suicide:

Presented by Charity Navigator

Collaborative Leadership: Why Collaborate?

Presented by Community Resource

Youth Development through Digital Media Arts and Technology: Film, Music, Photography, Graphics, 3D Printing and Product Design

8:00-8:30a 11:30a-12:00p 12:30-1:00p

# PLUG INTO THE IMMERSIVE ARCADE

When you get in the swivel chair and put on your headset in the Immersive Arcade, you're not sitting down to watch a movie. You're strapping in to be part of a new environment. Extended reality actually convinces your brain to believe that you've walked in another's shoes.

Each experience requires an appointment—and you can make as many as you like—so visit the arcade to reserve your times.

**HOSTED BY** 



#### **MY AFRICA**

Narrated by Academy Award-winning actress Lupita Nyong'o and presented in stunning virtual reality, "My Africa" transports viewers to an elephant sanctuary in Kenya, where a community is re-knitting the bonds that have long enabled people and wildlife to coexist.

#### Runtime: 9 mins

**Created by:** Conservation International, Passion Planet, Vision 3, glassybaby, Tiffany & Co.

### **SPHERES: CHORUS OF THE COSMOS**

Planet Earth sings. In this interactive VR experience, we discover the universe through sound. Our solar system becomes an instrument and we listen to its music. Narrated by Millie Bobby Brown.

#### Runtime: 15 mins

**Created by:** Eliza McNitt, Oculus Studios, Protozoa Pictures, Kaleidoscope, CityLights VR

#### SPHERES: SONGS OF SPACETIME

Dive into the heart of a black hole to uncover the breakthrough discovery of gravitational waves. Fall into the darkness, and you will find the light. Narrated by Jessica Chastain.

There are currently more people living in slavery

such family has been enslaved in a rock quarry in southern India for 10 years—over a paltry debt of

US\$70. Indian government representatives plot a

Created by: Lindsay Branham, International Justice Mis-

than at any other time in human history. One

Runtime: 15 mins

THE HIDDEN

Runtime: 10 mins

sion, Oculus VR for Good

**Created by:** Eliza McNitt, Oculus Studios, Protozoa Pictures, Kaleidoscope, CityLights VR

### SPHERES: PALE BLUE DOT

The Big Bang was silent. Then came sound. Journey from the edge of the cosmos to uncover the strangest song of all. Narrated by Patti Smith.

Runtime: 15 mins

**Created by:** Eliza McNitt, Oculus Studios, Protozoa Pictures, Kaleidoscope, CityLights VR

#### **BIIDAABAN: FIRST LIGHT**

As a work of indigenous futurism, Biidaaban explores how the languages of native peoples can provide a framework for understanding our place in the world and open up a space for new imaginings of the future.

Runtime: 8 mins

**Created by:** Lisa Jackson, Matthew Borrett, Jam3, National Film, Board of Canada

#### AUTHENTICALLY US: SHE FLIES BY HER OWN WINGS

SHANNON SCOTT, driven by the military tenet of "Leave No One Behind," pulls the levers of democracy, urging freedom and justice for all be secured from the marbled halls of Washington, DC, to the hallowed ground of those who championed equality before her.

Runtime: 9 mins

**Created by:** Oculus VR for Good, Fovrth Studios, Pride Foundation

### AUTHENTICALLY US: A TREASURED STATE

ACTON SEIBEL is a normal guy who came home to Missoula, Montana, to transition. As a transgender person of color working in a traditionally masculine industry as a mechanic, he challenges us to look beyond politics to see the value of all individuals in a community.

Runtime: 9 mins

**Created by:** Oculus VR for Good, Fovrth Studios, Pride Foundation

## AUTHENTICALLY US: WE'RE STILL HERE

daring raid to free the family.

AIDEN CRAWFORD, a Two-Spirit artist and historian in Boise, Idaho, struggles to preserve and revive his heritage in an intergenerational struggle to learn, educate, and pass down the wisdom of his First Nations Two Spirit elders.

Runtime: 9 mins

**Created by:** Oculus VR for Good, Fovrth Studios, Pride Foundation

#### THE JOURNEY

The Journey follows the lives of three children, from Ethiopia, South Sudan and Chad, as they overcome challenges of nutrition, education and health in some of the toughest environments on Earth.

Runtime: 11 minutes

Created by: Picture This Productions, UNICEF

#### THIS IS CLIMATE CHANGE: FAMINE

Drought caused by rising temperatures has turned once-fertile lands into a year-round desert, placing the survival of a generation of children at great risk.

Runtime: 10 minutes

Created by: Participant Media, Condition One

### THIS IS CLIMATE CHANGE: FIRE

Experience the California fires of 2017, and follow the brave fighters whose jobs have turned into year-round battles against these blazes.

Runtime: 11 minutes

Created by: Participant Media, Condition One

### THIS IS CLIMATE CHANGE: MELTING ICE

Former Vice President Al Gore takes viewers on a transcendent exploration into the devastating consequences of our changing climate.

Runtime: 10 minutes

Created by: Participant Media, Condition One

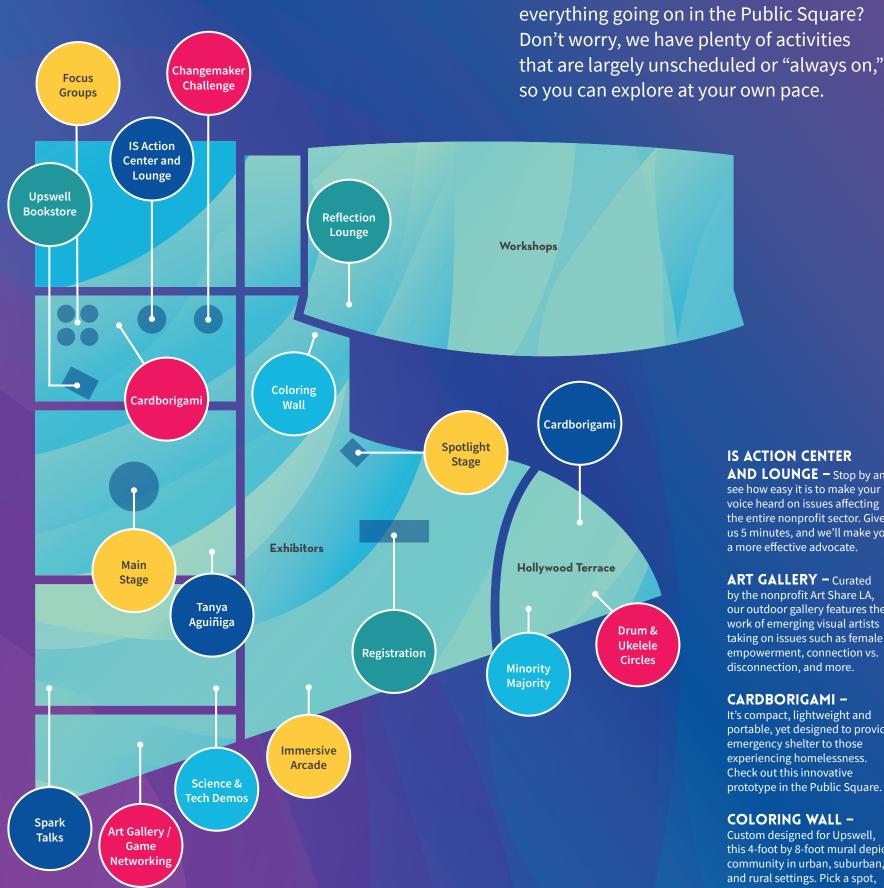
#### THIS IS CLIMATE CHANGE: FEAST

Can the Amazon survive the growing global demand for beef?

Runtime: 9 minutes

Created by: Participant Media, Condition One

# THE PUBLIC SQUARE IS ALWAYS ON



**IS ACTION CENTER** 

Worried about schedule conflicts with

AND LOUNGE - Stop by and see how easy it is to make your voice heard on issues affecting the entire nonprofit sector. Give us 5 minutes, and we'll make you a more effective advocate.

ART GALLERY - Curated by the nonprofit Art Share LA, our outdoor gallery features the work of emerging visual artists taking on issues such as female empowerment, connection vs. disconnection, and more.

#### **CARDBORIGAMI** -

It's compact, lightweight and portable, yet designed to provide emergency shelter to those experiencing homelessness. Check out this innovative prototype in the Public Square.

#### **COLORING WALL -**

Custom designed for Upswell, this 4-foot by 8-foot mural depicts community in urban, suburban, and rural settings. Pick a spot, grab your favorite color, and help

#### **DRUM CIRCLE**

Thursday, 11/15 9:05-9:45am

Tap into your inner curiosity while creating community, fostering creativity, and building character through rhythm. No musical experience is needed! Presented by the NAMM Foundation

#### INTIMATE CONVERSATION WITH TANYA AGUIÑIGA

Wednesday, 11/14, 3:00-3:30p / Spotlight Stage Thursday, 11/15, 11:00am-12:00pm

Tanya's project, AMBOS (Art Made Between Opposite Sides), demonstrates her interests in the power of community and identity. AMBOS seeks to express and document border emotion through art made on opposite sides by providing a platform to bi-national artists along the border.

#### MINORITY MAJORITY

Thursday, 11/15 1:10-1:40pm

"Minority Majority" is a collection of short plays dealing with an aspect of being a person of color in the US.

Presented by: hereandnow theatre company

#### **UKULELE CIRCLE**

Friday, 11/16 12:00-12:30pm

Join YouTube sensation, "Ukulenny" for a free group ukulele lesson and unleash your island spirit.

Presented by: NAMM Foundation in collaboration with KA LA Brand Music Co

#### bring the community to life.

FOOD CARTS - When you can't wait for mealtime, just drop by for a nosh or a sip. You'll find carts all throughout the Public Square, with offerings and locations that change frequently.

#### **GAME NETWORKING -**

If you're not a natural networker, you'll be amazed how easy it is to meet new friends over Giant Jenga or mini golf. We'll even throw in some conversation-starters!

#### **REFLECTION LOUNGE -**

This is the place to unplug, center, and focus. Always open for quiet reflection, but check out the great programming, too. Location: Los Feliz Room

# THANK YOU TO OUR PARTNERS



## **MOVERS**



## COLLABORATORS

